




Medicash provide comprehensive and low-cost health plans for both businesses and individuals, covering over 400,000 people from across the UK.

Prioritising your health, and that of your family, on a budget can feel daunting. With comprehensive benefits and access to a **range of digital tools** you can access at home, a Medicash health plan provides peace of mind without breaking the bank. Once you sign up, you can claim back 100% of receipts on a whole host of healthcare treatments from any practitioner without needing to pay an excess or getting a referral first.

WHAT IS INCLUDED IN THE SCHEME?

-  **Claim back on everyday healthcare costs** – with Medicash Active, you can claim back on the costs of prescription glasses and contact lenses, dental treatments and hygienist visits, physiotherapy, health screenings, private specialist consultations and much more.
-  **SkinVision skin cancer screening app** – this revolutionary app allows you to assess your skin spots and moles for the most common types of skin cancer simply by taking a picture through your smartphone, plus you'll get your results in under 30 seconds.
-  **mProve YOURSELF** – through this app you can access a wide range of guided meditations, self-help guides and fitness videos. This also includes breathing exercises, resistance and yoga training, as well as a range of mental wellbeing courses on how to cope with stress, depression, anxiety and looking after your mental health.
-  **Best Doctors**– The Best Doctors InterConsultation™ service offers you access to world-class diagnostic second opinions, giving you reassurance when you need it most. If you've received a diagnosis or treatment plan that you aren't sure about, or simply want to explore alternative treatment options, you can access the knowledge of over 50,000 world-leading consultants.
-  **Medicash Extras** – save hundreds of pounds a year through a range of offers, discounts and reloadable payment cards. From your weekly supermarket shop to a summer holiday abroad, Medicash Extras offers a variety of savings to help reduce your spending.

With Medicash Active, you can cover up to 4 children for free and even include your partner at a discounted rate so the whole family can benefit from the scheme through you employer.

To find out more, speak to your Account Manager, Nathan.

Any questions?

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